



# **GHSA STATE CHAMPIONSHIP SWIMMING & DIVING**



PRESENTED BY



**FEBRUARY 8-9  
GEORGIA TECH AQUATIC CENTER**

Going the distance.



**FARM BUREAU GEORGIA**

*We're here for you. Because at Farm Bureau, HELPING YOU is what we do best.*

**AUTO • HOME • LIFE • BANKING**

**(478) 474-8411 or 800-342-1192 • www.gfb.org**

**GEORGIA HIGH SCHOOL SWIMMING & DIVING CHAMPIONSHIPS**

GO TO [GHSA.PLAYONSPORTS.COM](http://GHSA.PLAYONSPORTS.COM) FOR:

- Live broadcast of championship coverage
- Highlights from championship events
- DVD purchases of championship action

**GHSA NETWORK**



[GHSA.PlayOnSports.com](http://GHSA.PlayOnSports.com)

Coverage also available on MOBILE DEVICES



Powered by the PlayOn! High School Sports Network [playon1](http://playon1.com)



**Competing • Learning • Achieving**

Sportsmanship builds character—  
on the field and off.

As leaders in our communities, Georgia's locally owned and operated Electric Membership Corporations are proud to sponsor the Georgia High School Association—and to help our student athletes become the leaders of tomorrow.


**25 Georgia EMCs Support the GHSA:**



Carochee EMC • Carroll EMC • Central Georgia EMC • Coastal Electric Cooperative  
Coweta-Fayette EMC • Diverse Power • Grady EMC • GreyStone Power • Habersham EMC  
Hart EMC • Irwin EMC • Jefferson Energy • Middle Georgia EMC • Mitchell EMC  
Ocmulgee EMC • Oconee EMC • Okfenoke REMC • Planters EMC • Rayle EMC  
Slash Pine EMC • Snapping Shoals EMC • Sumter EMC • Tri-County EMC  
Upson EMC • Washington EMC

**MOMENTS OF CHARACTER**

Money for College | Student Loan Repayment | Paid Training | Monthly Paycheck

**NATIONAL GUARD** 

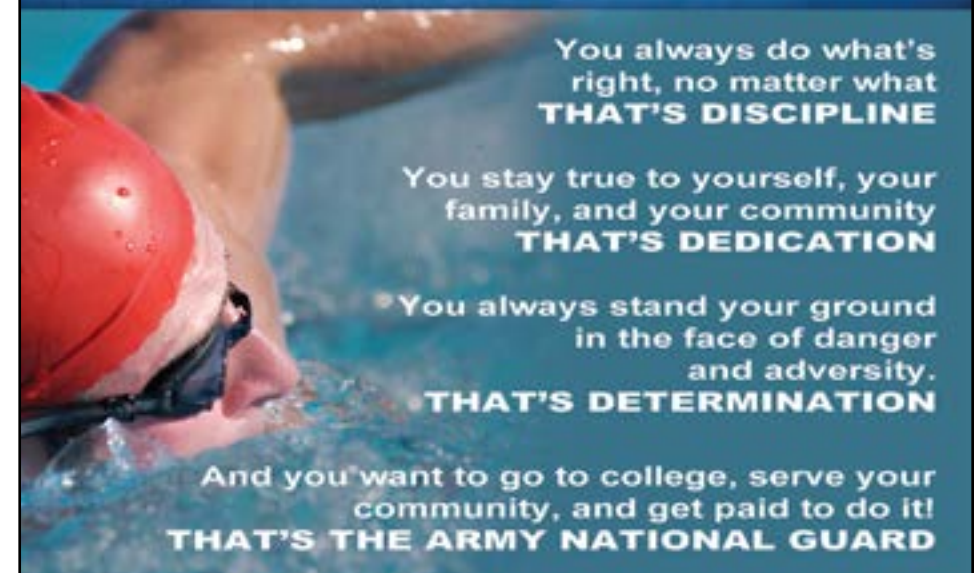
[NATIONALGUARD.com](http://NATIONALGUARD.com)

You always do what's right, no matter what  
**THAT'S DISCIPLINE**

You stay true to yourself, your family, and your community  
**THAT'S DEDICATION**

You always stand your ground in the face of danger and adversity.  
**THAT'S DETERMINATION**

And you want to go to college, serve your community, and get paid to do it!  
**THAT'S THE ARMY NATIONAL GUARD**





**WELCOME FROM THE EXECUTIVE DIRECTOR**

**RALPH SWEARNGIN**

**GREETINGS, GHSA SWIMMING AND DIVING PARTICIPANTS AND FANS!**

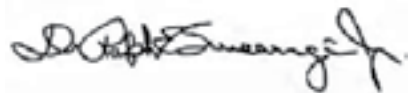
Welcome to one of the largest events on the GHSA calendar, the GHSA State Swimming and Diving Championships. Thank you for your attendance and participation at this very competitive event. There have been remarkable performances throughout this season, and it is expected that many of those performances will be surpassed this week.

I want to thank the large number of people who have worked hard all season processing the data that drives competitive swimming and diving. Thanks go out to the staff at Georgia Tech and the volunteers who keep the swimming and diving championships running so efficiently. I also want to thank GHSA Associate Director Dennis Payne and Andy Cowart, GHSA Coordi-

nator for Swimming and Diving, for the leadership they have given to these sports throughout the year.

I hope that you will enjoy your experience at this year's event. Please notice the signs that display the corporate partners that help the GHSA put on quality championship events. If you have the opportunity to support these groups, please do so.

Best Wishes,



Ralph Swearngin  
GHSA Executive Director

**FIND US ON FACEBOOK**  
WWW.FACEBOOK.COM/OFFICIALGHSA



**FOLLOW US ON TWITTER**  
WWW.TWITTER.COM/OFFICIALGHSA

## SCHEDULE OF EVENTS

Friday, February 8		Saturday, February 9	
7:00am	1-5A Diving and 1-5A Swimming Warm-ups	7:00am	6A Diving Warm-up
9:00am	1-5A Diving (All events)	9:00am	6A Diving (All events)
9:00am	1-5A Swimming Prelims	11:00am	1-5A Swimming Finals Warm-up
5:00pm	6A Swimming Warm-up	1:00pm	1-5A Swimming Finals
6:30pm	6A Swimming Prelims	4:30pm	6A Swimming Finals Warm-up
		6:00pm	6A Swimming Finals

## ORDER OF SWIM EVENTS

- |                               |                       |                              |
|-------------------------------|-----------------------|------------------------------|
| 1. 200-yard Medley Relay      | 5. 1 Meter Diving     | 9. 200-yard Freestyle Relay  |
| 2. 200-yard Freestyle         | 6. 100-yard Butterfly | 10. 100-yard Backstroke      |
| 3. 200-yard Individual Medley | 7. 100-yard Freestyle | 11. 100-yard Breaststroke    |
| 4. 50-yard Freestyle          | 8. 500-yard Freestyle | 12. 400-yard Freestyle Relay |

## GHSA.TV



The swimming and diving finals will video stream live on GHSA.tv. Subscription rate for a day pass (24 hours) is \$3.95. On demand viewing after the event is free of charge. DVDs will be available to order at GHSA.tv. Action photos by RiverOakPhotography.com.

**GA Tech Staff:** Mike Edwards, David Williams, Tom O'Hare, Courtney Hart and John Ames  
**Meet Directors:** Matt Murphy and Franke Marsden  
**GHSA Officials:** Andy Cowart and Vicky Sanchez Tuymer



The 2013 Georgia High School Association Swimming & Diving State Championship Guide is published by *Score Atlanta*, in conjunction with the GHSA. The guide was designed by DJ Galbiali, information provided by Score Atlanta and the GHSA and photos on the cover are courtesy of Brian L. Morgan/Wesleyan, Greg Puckett/Brookwood, Georgia Photographic and Walton High School. For more information on *Score Atlanta*, go to [Scoreatl.com](http://Scoreatl.com) or call 404-256-1572.



## PREVIEWING THE GIRLS



### Cobb, Gwinnett teams loaded with stars

By Fletcher Proctor

For years, some of the nation's best female swimmers have called Georgia home, including Olympians Amanda Weir, Kathleen Hersey and Kara Lynn Joyce. Once again, swimming enthusiasts will turn their gazes towards the Georgia Tech Aquatic Center to see another class of young ladies set fire to the pool and blaze their way to state titles.

#### CHANGING WINDS ...

Ever since the GHSA split the swimming and diving championships into two separate classification brackets, the highest classification title has been handed back and forth between Fulton County (Chattahoochee, Centennial, Northview), Lassiter and Brookwood. The Broncos won last year, ending Lassiter's run of four straight titles, to give Brookwood its fifth title since 2001. Lassiter has won five titles since the split and Centennial, Northview and Chattahoochee all have claimed one since 2000.

Brookwood recently finished second in the Gwinnett County championships, as Mill

Creek ran away with the title. Brookwood lost several key contributors from last year including Kelsey Gouge, but coach Greg Puckett has senior Rachel Muller back.

"Muller should be one of the favorites in the 200 free and 500 free," Puckett predicted.

Muller beat fellow Bronco Anna Jahns in the 200 freestyle and 500 freestyle at the Gwinnett County championships. Muller finished second in the 200 free last year and third in the 500 free.

Mill Creek lacks the individual standouts of years past such as Rachael Dudley (2012 100 butterfly, 100 backstroke champion) and Frederique Lefebvre, but look for the Hawks to once again lean on their depth and their incredible diver Lexi Sachse, who won the Gwinnett diving title.

Meanwhile, Lassiter will look to rebound after falling in the Cobb County championships.

"I know that all of our girls are excited about (the championships)," Lassiter head coach Lauren Barnes said. "The second-place

finish to Walton at the Cobb County Championships has helped pump them up."

Lassiter will be led by Jordan Drake, Lauren O'Malley and Lexi Glunn.

"Jordan Drake is a fierce competitor," Barnes said. "When she gets in the right mindset, nothing can shake her confidence in a race. Lauren O'Malley possesses a lot of maturity for a sophomore. She is a leader of the team and she motivates others with her grace and positive attitude."

Walton will enter with a lot of momentum after claiming the program's first Cobb County title since 2008 as Kira de Bruyn and Jane Watts were among the top swimmers at the event.

A third Cobb County team could swim away with the title as Kennesaw Mountain should have Rebecca Postoll back from U.S. National Team duties. Postoll missed the Cobb County championships, but the Lady Mustangs still managed to finish third. Postoll's sister, Melissa, was a force in the pool, taking the 100 backstroke and 200 freestyle events. The Mustangs will also be a threat on the diving board as Alex Hart recently set a new school record at the Cobb County championships. She finished second last year to Colquitt County's Elizabeth Kirkland in the one-meter dive.

#### SMALL, BUT MIGHTY ...

While the A-AAAAA competition includes schools with some of the state's smallest enrollment numbers, plenty of standouts will be ready to compete. Wesleyan recently

finished fifth at the Metro Atlanta Swimming and Diving Championships. Rachel Koch was one of the standouts for the Wolves, taking the 100 butterfly. In last year's championships, Koch finished fifth in the event.

The defending champion Westminster Wildcats ended Marist's run of five straight last season, but Westminster owns 20 crowns since 1963, including a run of six straight from 2001-2006. The Wildcats enter with some momentum after beating out Marist and Woodward Academy in the Metro Championships.

Puckett came away impressed by Westminster's Nicole Stafford at the Maddie Brown Invitational.

"(She) should be the favorite in the 200 free and 100 butterfly," Puckett said.

Woodward Academy will look to exact a measure of revenge after recent losses to Westminster. Expect Rebecca Justus and Caitlin Cooper to make some waves after each recently set a school record in the 100 butterfly and 100 backstroke, respectively. Cooper is also a threat in the 50 free, an event she won last year as a sophomore.

"I'd keep an eye out for Kathleen Cook," Woodward Academy coach Kelsey Emerson said. Cook is a freestyle specialist who placed in a number of events last year.

Two names to watch out for in the diving competition are Marist seniors Andrea Demick, who finished second last year, and Taylor Gould, who finished third.

*Proctor can be reached at [fproctor@scoreatl.com](mailto:fproctor@scoreatl.com).*

## PREVIEWING THE BOYS



### Teams excited to swim in top facility

By Stephen Black

There is something special about this pool at Georgia Tech. While there are many tremendous pools around the state that host high school events, the trip to the westside of Atlanta for the state finals is always different no matter how often teams come here.

"Having the state championship at Georgia Tech is awesome," Parkview coach Jack Gayle said. "Tech is one of the best pools in the country. The guys walking into Tech and seeing the stands and the all the people up there gets them pumped up mentally."

After a season full of important meets, teams that made it to this weekend know how important the state finals meet is.

"That's the meet that matters," Marist coach Terry Blish said. "All the other meets are designed to prepare for that and to get people qualified to swim in that."

Blish and Gayle would know about state championship meets. While Blish has won four boys state titles at Marist in his career, which began at the Dunwoody school in 1973, Gayle has won three boys titles at Parkview since he

became head coach in 2004 and was a member of two state championship teams at the Gwinnett program in 1995 and 1998 as a swimmer.

#### KEY PLAYERS ...

According to the Score Atlanta/GPB swimming and diving polls, the Parkview (Class AAAAAA) and Marist (Class A-AAAAA) boys teams are each ranked at the top of their respective classes. However, that does not always mean success in the state meet.

"We've had many upsets in the years that I've been involved," Blish said. "Some would say we've pulled a few of those upsets. It's very often billed as an upset. We've had years when we weren't the heavy favorites and others where some have said the only way we'd lose is if we got lost on the way to the pool."

While Parkview is defending its 2012 boys title, the Panthers know what it is like to be the underdog chasing the team with the proverbial championship belt.

"Last year, we had been second two years ago, and I know that weighed heavily on (the

team)," Gayle said. "Our theme was 'V for vendetta,' and they had kind of a mission. That was a big motivation, whereas this year, being the defending state champions is a lot more difficult because everyone is looking to you to perform."

Parkview and Marist certainly have the talent to live up to the expectations No. 1 teams have in this meet. The War Eagles will rely on a mix of veterans and underclassmen this weekend, as seniors Will Herbert and Takunda Mafundikwa lead the team in the relays while junior Braxton Young will be counted on in the 50 and 100 freestyle races. Freshman Christian Lorys has recovered from an illness that sidelined him in the Metro Meet finals two weeks ago, a meet Marist lost by one point to the Westminster boys.

Speaking of the Wildcats, Westminster freshmen twin brothers Derek and Erik Cox will swim in a variety of events, mostly relays and sprints. No. 2 Wesleyan, meanwhile, is anchored by sprinters Luke Hedrick and Drew Middleton.

Parkview, the defending boys state champion and current Gwinnett County champ, is led by seniors Nathan Jones, Dillon Kasson and Rory Martin. Alpharetta, the No. 2 team in the state, will provide strong competition as will Cobb County powers Walton and Lassiter, which are ranked third and fourth.

Walton, the Cobb County champ, and the Lassiter will attempt to bring the first-place trophy back to Cobb, where it hasn't been since 1999 when Pope won it. A Gwinnett program has won each title since in the state's largest class. Nathan Hufnagle led the Raiders

to victory two weeks ago at the county meet, where he won the 100 breaststroke and 200 IM, while the Trojans boasted strong performances by Zach Bunner (100 backstroke, 100 butterfly), Jimmy Yoder (200 freestyle, 500 freestyle) and Daniel Bridgers (50 freestyle, 100 freestyle).

#### AS IT WERE ...

Parkview has been on fire lately, beating rival Brookwood in a head-to-head meet, then winning the county meet. The Panthers, it seems, are swimming their best at the right time of year.

"Yeah, I think so," said Gayle when asked if his team was peaking. "I think a lot of it is that we're really fortunate to be able to swim (against) our great rival Brookwood at the end of the season and go right into the county championships. I think that really helps our swimmers and the Brookwood swimmers because its a great 'pump-up' meet that gets everyone really excited."

While the Panthers are trying to defend their state title from 2012, Marist will try to win its first boys state championship since 2009 and seventh in school history. Wesleyan is two-time defending Class A-AAAAA champion. Westminster, meanwhile, will attempt to bring home state hardware in the boys meet for the first time since the Wildcats won six straight from 2003-2008. Walton won the championship in 1983, while Alpharetta and Lassiter are each looking to win state gold for the first time.

*Black can be reached at [sblack@scoreatl.com](mailto:sblack@scoreatl.com).*

# GHSA STATE SWIMMING AND DIVING RECORDS

## BOYS

Event	School	Year	Time	Name
200 Yd. Medley Relay	Westminster	2008	1:34.00	Miller Douglas, Matt Lunati, Adlai Pappy, Chris Faux
200 Yard Freestyle	Northview	2012	1:36.15	Matias Koski
200 Yd. Ind. Medley	Parkview	2002	1:47.86	Eric Shanteau
50 Yd. Freestyle	Heritage-Conyers	2009	20.46	Nathaniel Eisenman
100 Yd. Butterfly	Dalton	2012	48.55	Taylor Dale
100 Yd. Freestyle	Centennial	2003	44.90	Wesley Flatt
500 Yd. Freestyle	Northview	2012	4:18.57	Matias Koski
100 Yd. Backstroke	Marist	2000	48.42	Peter Marshall
100 Yd. Breaststroke	Parkview	2011	55.88	Ricky Lehner
200 Yd. Freestyle Relay	Wesleyan	2011	1:24.85	Timothy Marsh, Chase Bartlett, Will Gregory, Anthony McMurry
400 Yd. Freestyle Relay	Northview	2012	3:06.26	Alex Heldman, Matt Grodhaus, Knox Auerbach, Matias Koski
Diving (1m)	Alpharetta	2012	629.80 ^	Jack Nyquist

## GIRLS

Event	School	Year	Time	Name
200 Yd. Medley Relay	Lassiter	2011	1:45.01	Samantha Bosma, Shannon O'Malley, Jordan Drake, Kim Carducci
200 Yd. Freestyle	Westminster	2004	1:46.32	Elizabeth Hill
200 Yd. Ind. Medley	Marist	2008	1:57.41	Kathleen Hersey
50 Yd. Freestyle	Brookwood	2003	22.91	Amanda Weir
100 Yd. Butterfly	Marist	2008	52.44	Kathleen Hersey
100 Yd. Freestyle	Brookwood	2004	49.06	Amanda Weir
500 Yd. Freestyle	Westminster	2004	4:40.93	Elizabeth Hill
100 Yd. Backstroke	Walton	2009	53.71	Erin Reisinger
100 Yd. Breaststroke	Westminster	2008	1:02.12	Layne Brodie
200 Yd. Freestyle Relay	Walton	2009	1:35.59	Jessica Graber, Mary Rose Palermo, Adrienne Pilchard, Erin Reisinger
400 Yd. Freestyle Relay	Brookwood	2009	3:26.54	Allyson Sweeney, Kelsey Gouge, Meghan Faulkner, Jana Mangimelli
Diving (1m)	Wesleyan	2012	537.65 ^	Lauren Hall

^ = Score

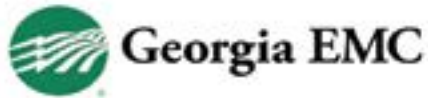
## 2001-12 CHAMPIONS

## TOTAL TITLES PER SCHOOL

BOYS					GIRLS							
Year	AAAAA	AAAA/AAA/AA/A	AAAAA	AAAA/AAA/AA/A	Year	AAAAA	AAAA/AAA/AA/A	AAAAA	AAAA/AAA/AA/A			
2001	Parkview	Marist	Brookwood	Westminster	22	Westminster	2	Shiloh	20	Westminster	3	North Fulton
2002	Parkview	Marist	Brookwood	Westminster	15	Woodward Acad./GMA	2	Wesleyan	7	Marist	2	Parkview
2003	Parkview	Westminster	Brookwood	Westminster	11	Athens	1	Blue Ridge	6	Dunwoody	2	Peachtree
2004	Collins Hill	Westminster	Brookwood	Westminster	9	Parkview	1	Chattahoochee	6	Lakeside-DeKalb	1	Americus
2005	Collins Hill	Westminster	Lassiter	Westminster	7	Boys High	1	Dalton	5	Decatur	1	Centennial
2006	Parkview	Westminster	Centennial	Westminster	7	Marist	1	GAC	5	Lassiter	1	Northside-WR
2007	Parkview	Westminster	Northview	Marist	4	Dunwoody	1	Peachtree Ridge	5	Brookwood	1	Northview
2008	Brookwood	Westminster	Lassiter	Marist	3	Brookwood	1	Pope	5	Brookwood	1	Northview
2009	Brookwood	Marist	Lassiter	Marist	2	Cedar Shoals	1	Savannah	4	Chattahoochee	1	Walton
2010	Brookwood	GAC	Lassiter	Marist	2	Collins Hill	1	Walton	3	Briarcliff		
2011	Peachtree Ridge	Wesleyan	Lassiter	Marist								
2012	Parkview	Wesleyan	Brookwood	Westminster								



# GHSA SALUTES OUR CORPORATE PARTNERS FOR SUPPORTING HIGH SCHOOL SPORTS AND ACTIVITIES





VERIZON  
**4G** LTE

# AMERICA'S FASTEST 4G NETWORK

